



### PREOPERATIVE INSTRUCTIONS FOR I.V. SEDATION

<p>Please  AVOID</p>	<ul style="list-style-type: none"> <li>• Give blood for 5 days before surgery</li> <li>• Drink alcohol 24 hours before the surgery</li> <li>• <b>Eat or drink anything for 8 hours (food or water)</b></li> <li>• Wear contact lens, jewelry, perfumes, lotions, nail polish</li> </ul>
<p>Please DO</p>	<ul style="list-style-type: none"> <li>• Take all morning medications with a small sip of water (including blood pressure medications)</li> <li>• Drink tons of water the day before the surgery</li> <li>• Take your antibiotics starting one day PRIOR</li> <li>• Arrange for a ride to and from your appointment             <ul style="list-style-type: none"> <li>◦ No ubers, taxis, lyft</li> </ul> </li> <li>• Arrange for your ride to stay within 10 min radius</li> </ul>
<p>Please know</p>	<ul style="list-style-type: none"> <li>• We may use the following medications during IV sedation: benzodiazepines, narcotics, steroid, NSAIDS, benedryl</li> <li>• Some of these medications are category X for pregnancy. If there is any chance you could be pregnant, please let us know.</li> </ul>
<p>Please tell us again:</p>	<ul style="list-style-type: none"> <li>• Antiplatelets you are on:</li> <li>• Allergies:</li> <li>• A1C for Diabetes (take morning level and let us know):</li> <li>• Are you or Are you trying to get pregnant: Yes    No</li> </ul>

### POST INSTRUCTIONS FOR I.V. SEDATION

<p>For the remainder of the day, Please DO NOT</p>	<ul style="list-style-type: none"> <li>• Drive or operate any machinery</li> <li>• Drink alcohol</li> <li>• Make any important family or legal decisions</li> <li>• Do not plan on returning to work or have any other appointments the same day as sedation</li> </ul>
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I have read and understand the preoperative & postoperative instructions for I.V. sedation, and I agree to comply with these instructions.

Signed \_\_\_\_\_ Date: \_\_\_\_\_

Witnessed \_\_\_\_\_