



PREOPERATIVE INSTRUCTIONS FOR I.V. SEDATION

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| <p>Please AVOID</p> | <ul style="list-style-type: none"> • Give blood for 5 days before surgery • Drink alcohol 24 hours before the surgery • Eat or drink anything for 8 hours (food or water) • Wear contact lens, jewelry, perfumes, lotions, nail polish |
| <p>Please DO</p> | <ul style="list-style-type: none"> • Take all morning medications with a small sip of water (including blood pressure medications) • Drink tons of water the day before the surgery • Take your antibiotics starting one day PRIOR • Arrange for a ride to and from your appointment <ul style="list-style-type: none"> ◦ No ubers, taxis, lyft • Arrange for your ride to stay within 10 min radius |
| <p>Please know</p> | <ul style="list-style-type: none"> • We may use the following medications during IV sedation: benzodiazepines, narcotics, steroid, NSAIDS, benedryl • Some of these medications are category X for pregnancy. If there is any chance you could be pregnant, please let us know. |
| <p>Please tell us again:</p> | <ul style="list-style-type: none"> • Antiplatelets you are on: • Allergies: • A1C for Diabetes (take morning level and let us know): • Are you or Are you trying to get pregnant: Yes No |

POST INSTRUCTIONS FOR I.V. SEDATION

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| <p>For the remainder of the day, Please DO NOT</p> | <ul style="list-style-type: none"> • Drive or operate any machinery • Drink alcohol • Make any important family or legal decisions • Do not plan on returning to work or have any other appointments the same day as sedation |
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I have read and understand the preoperative & postoperative instructions for I.V. sedation, and I agree to comply with these instructions.

Signed _____ Date: _____

Witnessed _____